November 7, 2021 Declare the Gospel

Dital Signs

Deaf Ministry, Est 1992 Deaf Bible Class, Est 6 Oct 2002 Sundays 830AM, Revels 205 Class Leader: Rick Allen Class Secretary: Cindy Allen Care Group Leaders: Rick & Cindy Allen Deaf Church, Est 27 Apr 2014 Sundays 930AM, Revels 205 Pastor: Paul Chappell

VITAL SIGNS On Facebook, YouTube Lancaster Baptist Church Deaf Ministry @lbcdeafministry Sundays 5PM Pastor Chappell Wednesdays 7PM Deaf Devotion Online Vitals Signs Deaf Class 11.7.21 830am Joseph the Dreamer Lesson 9 "Forgive" Genesis 45, 50 Memory Verse: Colossians 3:13 Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye.

Forbearing one another = bear with another, put up with another, be patient with another Forgiving one another = pardon another, ignore the offense and decide not guilty Quarrel against any = reason to blame/complain against another

?someone hurt you before? Recently?
?you bitter?
?you already forgive them?

1. Bible is clear; we must forgive others. God's grace and Holy Spirit helps us forgive others.

2. Believe forgiveness powerful, heals.

3. Cycle of forgivenessForgiveness requires repetition . . . "70x7"1 John 1.9

Conclusion Joseph willing to forgive over and over . . . God used Joseph's life.

Lancaster Baptist Deaf Church 11.7.21 930am

Overcoming Depression

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

- 1. Satan uses depression against us.
- A. Satan's timing when we are most vulnerable

After great battle (when we are weak, after Jesus fasting 40 days in wilderness)

- B. Jezebel threatened to kill Elijah
- 1 woman . . . Elijah slew 450 false prophets

When tired, weary, "small" problems can seem bigger

- 2. Good people experience depression.
- A. Elijah sought isolation from people and God.
- B. He was afraid of Jezebel's threat.
- C. He felt alone "I only"
- 3. God gives victory over depression. God knows where you are.
- A. God's touch on Elijah (angel)
- B. God's provision (food, rest, Comforter)

Biblical Recovery from Depression

- 1. Healthy rest and diet (Mark 6.31)
- 2. Healthy thoughts (reject negative pattern) (Phi 4.8)
- 3. Confess pride, selfish (pity, absorption) (1 Jo 1.9)
- 4. Focus on the Lord and His Word (Ps 42.1; 119.81-82)

- 5. Pray more (1 The 5.17; Phi 4.6-7)
- 6. Submit to God's will and seek His direction (Eph 5.17-18)
- 7. Think of others instead of thinking only about self (1 Ki 19.15-18) ... serve, help someone else

1 John 5.4 For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.